

1 **Action of Neurotensin, CRH, and RFRP-3 in E2-induced Negative Feedback**

2 **Control: Studies Using a Mouse ARC Hypothalamic Cell Model**

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12  
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16  
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3

1 **Abstract**

2           The recently established immortalized hypothalamic cell model mHypoA-55  
3 possesses characteristics similar to those of Kiss-1 neurons in the arcuate nucleus  
4 (ARC) region of the hypothalamus. Here, we show that Kiss-1 gene expression in these  
5 cells was downregulated by 17 $\beta$ -estradiol (E2) under certain conditions. Both  
6 neurotensin (NT) and corticotropin-releasing hormone (CRH) were expressed in these  
7 cells and upregulated by E2. Stimulation of mHypoA-55 cells with NT and CRH  
8 significantly decreased Kiss-1 mRNA expression. A mammalian  
9 gonadotropin-inhibitory hormone homolog, RFamide-related peptide-3 (RFRP-3), was  
10 also found to be expressed in mHypoA-55 cells, and RFRP-3 expression in these cells  
11 was increased by exogenous melatonin stimulation. E2 stimulation also upregulated  
12 RFRP-3 expression in these cells. Stimulation of mHypoA-55 cells with RFRP-3  
13 significantly increased the expression of NT and CRH. Furthermore, melatonin  
14 stimulation resulted in the increase of both NT and CRH mRNA expression in  
15 mHypoA-55 cells. On the other hand, in experiments using mHypoA-50 cells, which  
16 were originally derived from hypothalamic neurons in the anteroventral periventricular  
17 nucleus, Kiss-1 gene expression was upregulated by both NT and CRH, although E2  
18 increased both NT and CRH expression, similarly to the mHypoA-55 cells.

19           Our observations using the hypothalamic ARC cell model mHypoA-55 suggest  
20 that NT and CRH have inhibitory effects on Kiss-1 gene expression under the influence  
21 of E2 in association with RFRP-3 expression. Thus, these neuropeptides might be  
22 involved in E2-induced negative feedback mechanisms.

23

## 1 **Introduction**

2           Neurons in the hypothalamus, especially those that secrete  
3 gonadotropin-releasing hormone (GnRH), serve as the final pathway by which the brain  
4 regulates gonadotropin secretion [1]. After the discovery of inactivating mutations in the  
5 kisspeptin receptor (Kiss1R) in families of patients with hypogonadotropic  
6 hypogonadism [2, 3], it is generally agreed that hypothalamic Kiss-1 neurons, which  
7 project to GnRH neurons, control GnRH release through Kiss1R expressed by the  
8 GnRH neurons. Therefore, Kiss-1 neurons in the hypothalamus have been defined as  
9 being positioned at the highest level in the control of the  
10 hypothalamic-pituitary-gonadal (HPG) axis. These neurons have been shown to be  
11 located in two different regions of the hypothalamus: the arcuate nucleus (ARC) and the  
12 anteroventral periventricular (AVPV) region in mammals [4]. Although studies have  
13 demonstrated a bimodal effect of  $17\beta$ -estradiol (E2) on the hypothalamus, having both  
14 positive and negative feedback effects on GnRH neurons that do not express estrogen  
15 receptor  $\alpha$  (ER $\alpha$ ) [5], it is now postulated that Kiss-1 neurons within the ARC are the  
16 center for negative feedback by E2, whereas those in the AVPV are defined as the center  
17 of positive feedback. These conclusions are based on the observations that Kiss-1  
18 expression in the ARC is inhibited by E2, whereas AVPV Kiss-1 expression is  
19 stimulated by E2 [6].

20           Kiss-1 neurons might also play a role as a GnRH pulse generator. Previous  
21 studies recorded multiunit activity that correlates with pulsatile secretion of pituitary  
22 luteinizing hormone (LH) in a variety of animals [7, 8]. A neuronal population within  
23 the ARC, referred to as KNDy neurons, express Kiss-1, neurokinin B (NKB), and  
24 dynorphin (Dyn). Kiss-1-expressing KNDy neurons have been shown to generate

1 synchronized oscillatory patterns of activity by receiving autosynaptic excitatory and  
2 inhibitory input from NKB and Dyn [9, 10].

3         Although Kiss-1 neurons in the ARC and AVPV express and release kisspeptin,  
4 these two populations possess distinct characteristics. Owing to the heterogeneous  
5 nature and complexity of the hypothalamus, investigation into the molecular events  
6 involved in E2-induced feedback control in unique neuronal cell populations has been  
7 difficult. Recently, a hypothalamic cell model, mHypoA-55, was established from  
8 microdissected ARC primary cultures of female-adult-derived murine hypothalamus,  
9 which exhibits endogenous Kiss-1 expression as well as ER $\alpha$  and ER $\beta$ . mHypoA-55  
10 cells also express NKB and Dyn, suggesting that they represent ARC kisspeptin neurons  
11 [11]. On the other hand, mHypoA-50 cells, which were established from microdissected  
12 AVPV primary cultures, are also known as a Kiss-1–expressing cell model that  
13 possesses ER $\alpha$  and ER $\beta$ . However, although mHypoA-50 cells express tyrosine  
14 hydroxylase, they do not express NKB and Dyn, supporting their identity as putative  
15 AVPV kisspeptin neurons [11]. Notably, these cell models exhibit different responses to  
16 E2 in the regulation of Kiss-1 gene expression. E2 induces an increase in Kiss-1 mRNA  
17 expression in mHypoA-50 cells, but it downregulates Kiss-1 mRNA expression in  
18 mHypoA-55 cells under certain experimental conditions [11]. Therefore, the molecular  
19 events involved in differential E2-mediated regulation, which supposedly occurs in the  
20 AVPV and/or ARC region of the hypothalamus, could be examined using these cell  
21 models.

22         In this study, we aimed to examine E2-induced negative feedback mechanisms  
23 using ARC hypothalamic mHypoA-55 cells. We focused on the action of neurotensin  
24 (NT) and corticotropin-releasing hormone (CRH). NT was first isolated from bovine

1 hypothalamus in recognition of its potent vascular effects [12]. In mammals, NT is  
2 abundantly expressed in the central nervous system, with particularly high expression in  
3 the hypothalamus, including the AVPV and ARC regions [13, 14], and has been  
4 implicated in regulating a diverse repertoire of physiological functions and motivated  
5 behaviors including feeding, locomotor activity, social behavior, and reproduction  
6 [15-17]. CRH is a most important physiological ACTH-releasing factor and is involved  
7 in the stress response. CRH is mainly produced within the paraventricular nucleus of the  
8 hypothalamus and is released at the median eminence from the neurosecretory terminals  
9 of these neurons [18]. In addition, CRH neurons are found in many other regions in the  
10 brain, including the olfactory bulb, medial preoptic nucleus, and middle hypothalamus  
11 [19].

12           We found that NT and CRH might participate in the E2-induced negative  
13 feedback regulation of the HPG axis in association with RFamide-related peptide-3  
14 (RFRP-3), a mammalian gonadotropin-inhibitory hormone (GnIH) homolog.

15

## 1 **Materials and Methods**

### 2 **Materials**

3           The following chemicals and reagents were obtained from the indicated  
4 sources: GIBCO fetal bovine serum (FBS) (Invitrogen, Carlsbad, CA); Dulbecco's  
5 modified Eagle's medium (DMEM), water-soluble E2, penicillin-streptomycin, and  
6 melatonin (Sigma-Aldrich Co., St. Louis, MO); and NT and CRH (Life Technologies  
7 Japan, Ltd., Tokyo, Japan). RFRP-3 was synthesized with an automated solid-phase  
8 peptide synthesizer (PSSM-8; Shimadzu, Kyoto, Japan) and purified by reversed phase  
9 high-performance liquid chromatography.

10

### 11 **Cell culture**

12           mHypoA-50 and mHypoA-55 cells were purchased from CEDARLANE  
13 (Ontario, Canada). The embryonic rat hypothalamic cell line R8 (rHypoE-8) was  
14 purchased from COSMO BIO CO., LTD. (Tokyo, Japan). Cells were plated in 35-mm  
15 tissue culture dishes and incubated with high-glucose DMEM containing 10%  
16 heat-inactivated FBS and 1% penicillin-streptomycin at 37°C under a humidified  
17 atmosphere of 5% CO<sub>2</sub> in air. After 24 h, cells were used for each experiment. When  
18 cells were stimulated by E2, cells were cultured with E2 in phenol red-free DMEM  
19 supplemented with 1% charcoal-stripped FBS (Gemini Bio-Products, West Sacramento,  
20 CA). When stimulated with the indicated neuropeptides, cells were incubated without  
21 (control) or with the test reagents in high-glucose DMEM containing 1%  
22 heat-inactivated FBS and 1% penicillin-streptomycin for the indicated time periods.

23

### 24 **Western blot analysis**

25           Cell extracts were lysed on ice with RIPA buffer (phosphate-buffered saline

1 [PBS], 1% NP-40, 0.5% sodium deoxycholate, 0.1% sodium dodecyl sulfate) containing  
2 0.1 mg/mL phenylmethylsulfonyl fluoride, 30 mg/mL aprotinin, and 1 mM sodium  
3 orthovanadate, scraped for 20 s, and centrifuged at  $14,000 \times g$  for 10 min at 4°C.  
4 Protein concentration in the cell lysates was measured using the Bradford method.  
5 Denatured protein (10 µg per well) was resolved in a 10% sodium dodecyl sulfate  
6 polyacrylamide gel electrophoresis (SDS-PAGE) gel according to standard protocols.  
7 Protein was transferred onto polyvinylidene difluoride membranes (Hybond-P PVDF,  
8 Amersham Biosciences, Little Chalfont, UK), which were blocked for 2 h at room  
9 temperature in Blotto (5% milk in Tris-buffered saline). Membranes were incubated  
10 with anti-kisspeptin antibody (1:500 dilution; Abcam, Cambridge, UK), anti-NT  
11 antibody (1:200 dilution; Santa Cruz Biotechnology, Inc., Dallas, TX), or anti-CRH  
12 antibody (1:200 dilution; Santa Cruz Biotechnology, Inc.) in Blotto overnight at 4°C  
13 and washed 3 times for 10 min per wash with Tris-buffered saline/1% Tween.  
14 Subsequent incubation with horseradish peroxidase (HRP)-conjugated antibodies was  
15 performed for 1 h at room temperature in Blotto, and additional washes were performed  
16 appropriately. Following enhanced chemiluminescence detection (Amersham  
17 Biosciences), membranes were exposed to X-ray film (Fujifilm, Tokyo, Japan). Fetal rat  
18 brain tissue was used as positive control, and this experimental protocol was approved  
19 by the animal care and use committee of the Experimental Animal Center for Integrated  
20 Research at Shimane University (IZ27-82).

21

## 22 **RNA preparation, reverse transcription, PCR, and quantitative real-time PCR**

23 Total RNA from stimulated cells was extracted using TRIzol-LS (Invitrogen)  
24 according to the manufacturer's instructions. To obtain cDNA, 1.0 µg total RNA was

1 reverse transcribed using an oligo-dT primer (Promega, Madison, WI) and prepared  
 2 using a First-Strand cDNA Synthesis Kit (Invitrogen) in reverse transcription (RT)  
 3 buffer. The preparation was supplemented with 10 mM dithiothreitol, 1 mM of each  
 4 dNTP, and 200 U RNase inhibitor/human placenta ribonuclease inhibitor (Code No.  
 5 2310; Takara, Tokyo, Japan) in a final volume of 10  $\mu$ L. The reaction was incubated at  
 6 37°C for 60 min. For the detection of Kiss-1, NT, and CRH mRNAs, after PCR  
 7 amplification using primers for rat Kiss-1 (forward:  
 8 5'-ATGATCTCGCTGGCTTCTTGG-3' and reverse:  
 9 5'-GGTTCACCACAGGTGCCATTTT-3'), NT (forward:  
 10 5'-GTGTGGACCTGCTTGTCAGA-3' and reverse:  
 11 5'-TCATGCATGTCTCCTGCTTC-3'), CRH (forward:  
 12 5'-ATCCGCATGGGTGAAGAATACT-3' and reverse:  
 13 5'-TGGAAGGTGAGATCCAGAGAGA-3') and RFRP-3 (forward:  
 14 5'-CAGGGACCAGGAGCCATTTTC and reverse: 5'-CTCCTCTCCTCGTTCGCTTTTC-3'),  
 15 amplicons were electrophoresed in agarose gels and visualized with ethidium bromide  
 16 staining. Quantification of Kiss-1, NT, and CRH mRNA was obtained through  
 17 quantitative real-time PCR (ABI Prism 7000; Perkin-Elmer Applied Biosystems, Foster  
 18 City, CA) following the manufacturer's protocol (User Bulletin No. 2) and utilizing  
 19 Universal ProbeLibrary Probes and FastStart Master Mix (Roche Diagnostics,  
 20 Mannheim, Germany). Using specific primers for rat Kiss-1, NT, CRH, and RFRP-3,  
 21 the simultaneous measurement of mRNA and GAPDH permitted normalization of the  
 22 amount of cDNA added per sample. For each set of primers, a no-template control was  
 23 included. Thermal cycling conditions were as follows: 10 min denaturation at 95°C,  
 24 followed by 40 cycles of 95°C for 15 s and 60°C for 1 min. Reactions were followed by

1 melting curve analysis (55–95°C). To determine PCR efficiency, a 10-fold serial  
2 dilution of cDNA was performed as previously described [20]. PCR conditions were  
3 optimized to generate >95% PCR efficiency and only those reactions with between 95%  
4 and 105% efficiency were included in subsequent analyses. Relative differences in  
5 cDNA concentration between baseline and experimental conditions were then calculated  
6 using the comparative threshold cycle (Ct) method [21]. Briefly, for each sample, a  $\Delta\text{Ct}$   
7 was calculated to normalize to the internal control using the following equation:  $\Delta\text{Ct} =$   
8  $\Delta\text{Ct}(\text{gene}) - \text{Ct}(\text{GAPDH})$ . To obtain differences between experimental and control  
9 conditions,  $\Delta\Delta\text{Ct}$  was calculated as  $\Delta\text{Ct}(\text{sample}) - \Delta\text{Ct}(\text{control})$ . Relative mRNA levels  
10 were then calculated using the following equation:  $\text{fold difference} = 2^{\Delta\Delta\text{Ct}}$ .

11

## 12 **Statistical analysis**

13 All experiments were repeated independently at least three times. Each  
14 experiment in each experimental group was performed using duplicate samples. When  
15 we determined the mRNA expression, two samples were assayed in duplicate. Six  
16 averages from three independent experiments were statistically analyzed. Data are  
17 expressed as mean  $\pm$  SEM values. Statistical analysis was performed using Student's *t*  
18 test or one-way analysis of variance (ANOVA) with Bonferroni's post hoc test, as  
19 appropriate.  $P < 0.05$  was considered statistically significant.

20

## 1 **Results**

### 2 **mHypoA-55 cells possess characteristics similar to those of kisspeptin neurons in** 3 **the ARC region**

4 We used the recently established cell line mHypoA-55 as a model of  
5 hypothalamic Kiss-1–expressing cells in the ARC region. As previously demonstrated,  
6 mHypoA-55 cells express both Kiss-1 mRNA and the kisspeptin protein. mHypoA-50  
7 cells, which are derived from Kiss-1–expressing cells in the AVPV region, also express  
8 both Kiss-1 mRNA and kisspeptin. Although both cell models express kisspeptin, these  
9 cells are distinct. mHypoA-55 cells express both Tac2 (which encodes NKB) and Dyn  
10 genes, but mHypoA-50 cells do not express these genes (Fig. 1A). The responses to E2  
11 in these cell models were also distinct. A previous study demonstrated that Kiss-1 gene  
12 expression was increased by E2 at 24 h in mHypoA-50 cells, whereas it was reduced by  
13 E2 at 4 h in mHypoA-55 cells [11]. Similar to the previous results, Kiss-1 mRNA  
14 expression in mHypoA-55 cells was not increased by E2; rather, it was significantly  
15 reduced at 4 h after the addition of E2 and returned to the control level at 24 h ( $F(2,6) =$   
16  $20.38, P = 0.0021$ ) (Fig. 1B). In contrast, E2 treatment significantly increased Kiss-1  
17 mRNA expression up to  $3.03 \pm 0.54$ -fold at 24 h in the mHypoA-50 AVPV cell model  
18 ( $F(2,15) = 7.025, P = 0.0070$ ) (Fig. 1C).

19

### 20 **Effect of NT on Kiss-1 mRNA expression in mHypoA-55 cells**

21 The hypothalamic model mHypoA-55 cells exhibit a heterogeneous character;  
22 these cells express NT mRNA and its protein product in addition to Kiss-1, NKB, and  
23 Dyn. NT expression was also observed in mHypoA-50 cells (Fig. 2A). NT expression  
24 within mHypoA-55 cells was upregulated in the presence of E2. When mHypoA-55

1 cells were stimulated with E2 for 24 h, NT expression within these cells was  
2 significantly increased  $1.71 \pm 0.19$ -fold ( $F(2,6) = 8.16$ ,  $P = 0.019$ ). A significant  
3 increase in NT mRNA expression was not observed by stimulation with E2 for 4 h (the  
4 time at which Kiss-1 mRNA expression was significantly reduced by E2 treatment in  
5 mHypoA-55 cells) (Fig. 2B). When mHypoA-55 cells were stimulated by NT, Kiss-1  
6 mRNA expression was significantly reduced ( $F(3,8) = 9.92$ ,  $P = 0.0045$ ). At 10 nM NT,  
7 Kiss-1 mRNA expression was reduced to almost half that of untreated cells (Fig. 2C).

8

### 9 **Effect of E2 on CRH expression in mHypoA-55 cells**

10 CRH is a hypothalamic neuropeptide that controls the  
11 hypothalamic-pituitary-adrenal axis. Accumulating evidence suggests the importance of  
12 this peptide in reproductive function [22, 23]. CRH mRNA was detected by RT-PCR  
13 from the extracts of mHypoA-55 ARC and mHypoA-50 AVPV cells. CRH protein was  
14 also expressed in these cells (Fig. 3A). Next, we examined the role of CRH in  
15 mHypoA-55 cells. As observed in NT experiments, CRH expression in mHypoA-55  
16 was also influenced by E2. By 24 h, but not 4 h of incubation with E2, CRH mRNA  
17 levels in mHypoA-55 cells were significantly increased by  $5.89 \pm 1.87$ -fold ( $F(2,6) =$   
18  $5.93$ ,  $P = 0.038$ ) (Fig. 3B). When mHypoA-55 cells were stimulated by CRH, Kiss-1  
19 mRNA expression in these cells was significantly reduced to  $0.62 \pm 0.17$ -fold at 100 nM  
20 versus the untreated control cells ( $F(3,8) = 8.64$ ,  $P = 0.0069$ ) (Fig. 3C), which was  
21 similar to the effect of NT.

22

### 23 **RFRP-3 expression in mHypoA-55 cells and the effect of melatonin**

24 The avian homolog of RFRP-3, GnIH, was first identified as neuropeptide that

1 inhibits gonadotropin release in birds [24]. We found that the RFRP-3 gene is expressed  
2 in mHypoA-55 cells (Fig. 4A). Similar to the phenomenon observed in birds [25], 10  
3  $\mu\text{M}$  melatonin stimulation increased RFRP-3 mRNA expression  $1.93 \pm 0.39$ -fold in  
4 mHypoA-55 cells ( $F(3,12) = 4.69$ ,  $P = 0.022$ ) (Fig. 4B). In addition, RFRP-3 expression  
5 in mHypoA-55 cells was slightly but significantly upregulated by E2 stimulation:  $1.55 \pm$   
6  $0.19$ -fold compared with unstimulated cells ( $t(1.94) = 2.74$ ,  $P = 0.017$ ) (Fig. 4C).

7

### 8 **Effect of RFRP-3 stimulation on the expression of NT and CRH in mHypoA-55** 9 **cells**

10 Next, we examined how RFRP-3 affects the expression of NT and CRH genes  
11 in mHypoA-55 cells. mHypoA-55 cells were stimulated with increasing concentrations  
12 of RFRP-3 and cultured for 24 h, and then NT and CRH mRNA expression was  
13 examined. NT mRNA expression was significantly increased by RFRP-3  $1.94 \pm$   
14  $0.24$ -fold at 100 nM ( $F(6,12) = 6.35$ ,  $P = 0.0080$ ) (Fig. 5A). CRH mRNA expression  
15 was also stimulated by RFRP-3. At all tested concentrations (10 nM, 100 nM, and 1  
16  $\mu\text{M}$ ), RFRP-3 significantly increased CRH mRNA expression ( $F(3,12) = 3.93$ ,  $P =$   
17  $0.036$ ), and was increased  $2.39 \pm 0.72$ -fold at 10 nM (Fig. 5B). Furthermore, we found  
18 that melatonin, which had the ability to stimulate RFRP-3 expression, increased the NT  
19 and CRH gene expression by  $1.55 \pm 0.21$ -fold and  $2.96 \pm 0.54$ -fold, respectively, both  
20 of which were statistically significant (NT:  $t(2.13) = 3.96$ ,  $P = 0.0083$ ; CRH:  $t(2.13) =$   
21  $3.63$ ,  $P = 0.011$ ) (Fig. 6A and B).

22

### 23 **Effect of NT and CRH on the expression of the Kiss-1 gene in the AVPV cell model,** 24 **mHypoA-50**

1           As shown above, similar to the mHypoA-55 ARC Kiss-1-expressing cell  
2 model, AVPV model mHypoA-50 cells also express NT and CRH. Lastly, we examined  
3 how these neuropeptides affect Kiss-1 gene expression in mHypoA-50 cells. When  
4 mHypoA-50 cells were stimulated with E2, NT expression within these cells was  
5 significantly increased  $1.71 \pm 0.19$ -fold at 24 h ( $F(2,6) = 12.87$ ,  $P = 0.0068$ ) (Fig. 7A).  
6 This observation was similar to those observed in ARC model mHypoA-55 cells.  
7 However, in contrast with NT's inhibition of Kiss-1 gene expression in mHypoA-55  
8 cells, compared with the unstimulated control, 10 nM NT increased Kiss-1 mRNA  
9 expression  $3.63 \pm 1.45$ -fold in mHypoA-50 cells ( $t(2.13) = 2.19$ ,  $P = 0.047$ ) (Fig. 7B).  
10 Similarly, CRH mRNA expression in mHypoA-50 cells was increased by E2 stimulation,  
11 as was observed in mHypoA-55 cells. By incubation with E2, CRH mRNA levels in  
12 mHypo-A50 were significantly increased by  $3.2 \pm 0.38$ -fold at 4 h and  $3.74 \pm 0.93$ -fold  
13 at 24 h ( $F(2,6) = 6.22$ ,  $P = 0.035$ ) (Fig. 7C). In mHypo-A50 cells, Kiss-1 mRNA  
14 expression was significantly increased by stimulating the cells with CRH ( $1.75 \pm$   
15  $0.29$ -fold) ( $t(1.86) = 2.61$ ,  $P = 0.016$ ) (Fig. 7D). This CRH effect in mHypoA-50 cells  
16 was completely the opposite of that observed in mHypoA-55 cells.

17

18

## 1 **Discussion**

2           Studies on the cellular mechanisms involving the E2-induced positive and  
3 negative feedback mechanisms are somewhat difficult because the hypothalamus  
4 consists of a complex, heterogeneous array of neuronal phenotypes. Development of the  
5 hypothalamic Kiss-1–expressing cell models mHypoA-55 and mHypo-A50 has enabled  
6 the examination of the local mechanisms of E2-induced feedback control that occur in  
7 specific regions of the hypothalamus in rodents. At present, accumulating evidence  
8 supports the concept that the hypothalamic Kiss-1 neurons in the ARC region generate a  
9 pulsatile mode of GnRH secretion and mediate the negative feedback action of sex  
10 steroids [6, 26]. Conversely, Kiss-1 neurons in the AVPV region of the hypothalamus  
11 are considered to control the surge mode of GnRH secretion evoked by the positive  
12 feedback action of E2 [27, 28]. These conclusions are based on the observations that  
13 Kiss-1 expression in the ARC is inhibited by E2, whereas AVPV Kiss-1 expression is  
14 stimulated by E2 [6].

15           In this study, we mainly utilized mHypo-A55 cells as a model for the ARC  
16 region of the hypothalamus and examined the possible mechanisms of the E2-induced  
17 negative feedback control. As reported previously [11], mHypoA-55 cells have  
18 characteristics similar to those of Kiss-1 neurons in the ARC region. These cells  
19 coexpress NKB and Dyn, and significant repression of Kiss-1 expression was observed  
20 under certain conditions (4 h after E2 stimulation) [11]. Similar to the phenomenon  
21 observed in the previous study, Kiss-1 expression was not increased by E2; rather,  
22 significant repression of Kiss-1 was observed at 4 h in our mHypoA-55 cells. In contrast,  
23 E2 significantly increased Kiss-1 expression in AVPV model mHypoA-50 cells.  
24 Therefore, we used mHypoA-55 cells as a model to study the E2-induced negative

1 feedback mechanisms.

2

3 NT and CRH have been reported to have some influence on the HPG axis.  
4 Several lines of evidence implicate NT-producing cells as a target for the action of E2 to  
5 trigger the GnRH/LH surge. E2 induces the expression of the NT gene in AVPV lesions  
6 in rats [29, 30]. In addition, it was reported that administration of NT directly into the  
7 rat medial preoptic area evoked LH secretion, whereas antiserum directed against NT  
8 delivered into this region blocked the LH surge [31, 32]. These observations suggest NT  
9 has some effect on E2-induced positive feedback mechanisms. On the other hand, a  
10 number of studies suggest CRH as a prime candidate for stress-induced suppression of  
11 the GnRH pulse generator [23, 33], although CRH can stimulate LH secretion and  
12 increases GnRH pulse amplitude in sheep [34, 35]. CRH expression in the  
13 hypothalamus has also been reported to be increased after administration of E2 in  
14 ovariectomized monkeys [36].

15 In the hypothalamic ARC cell model, mHypoA-55, we confirmed that NT and  
16 CRH mRNA expression was upregulated by E2, and these observations were consistent  
17 with previous reports that E2 could positively control the expression of these  
18 neuropeptides. Interestingly, NT significantly reduced Kiss-1 gene expression in the  
19 mHypoA-55 cells. Furthermore, similar to the effect of NT, exogenous CRH  
20 administration reduced Kiss-1 gene expression in mHypoA-55 cells. This is quite  
21 similar to the phenomenon observed in a previous *in vivo* study, which showed that  
22 CRH could decrease Kiss-1 expression in the medial preoptic area and ARC in rats [37].  
23 Our observation that NT and CRH expression was upregulated by E2 implies that NT  
24 and CRH could be involved in E2-induced negative feedback regulation of the pulsatile

1 GnRH release in the hypothalamus. In contrast, exogenous NT and CRH administration  
2 differently affected the AVPV cell model mHypoA-50; both NT and CRH increased  
3 Kiss-1 gene expression in mHypoA-50 cells, although these peptides were upregulated  
4 by E2 in mHypoA-50 cells. These observations suggest that NT and CRH have a  
5 completely different role in Kiss-1 neurons in the AVPV region. In addition, these  
6 results reconfirm that the Kiss-1-expressing cells exhibit different characteristics in  
7 each cell model. These results concerning the distinct action of NT and CRH in  
8 mHypoA-55 and mHypoA-50 imply that the E2-mediated increase in NT and CRH  
9 expression stimulates the production of Kiss-1 in the AVPV region, ultimately initiating  
10 the surge in GnRH secretion from GnRH neurons, as previous studies have suggested.  
11 Indeed, a previous study reported that close apposition of NT- and Kiss-1-expressing  
12 cells was observed, although NT and Kiss-1 mRNAs were not coexpressed in the mouse  
13 AVPV neurons [38]. In addition, it was reported that kisspeptin neurons in both the  
14 ARC and AVPV express the GnRH receptor and close apposition of GnRH  
15 immunoreactive fibers was observed on some Kiss-1 neurons in both regions [39]. Our  
16 current observations imply that NT and CRH are involved in the E2-induced positive  
17 and negative feedback mechanism by differentially changing the Kiss-1 gene expression  
18 in the AVPV and ARC regions of the hypothalamus. However, we should note that our  
19 observations do not completely support this hypothesis because an increasing effect of  
20 E2 on NT and CRH mRNA expression was not observed at 4 h of E2 treatment, the time  
21 at which Kiss-1 mRNA expression was significantly reduced by E2 treatment in  
22 mHypoA-55 cells. Hypothetically, if E2-induced NT or CRH expression was involved  
23 in the reduction of Kiss-1 gene expression in mHypoA-55 cells, E2-induced reduction  
24 of Kiss-1 gene expression should have occurred at 24 h after stimulation. Our present

1 data do not directly address the mechanism(s) underlying the time lag of the  
2 E2-stimulated increase in NT and CRH mRNA expression or the E2-mediated reduction  
3 of Kiss-1 gene expression in mHypoA-55 cells, both of which will likely be  
4 investigated in future studies.

5 In this study, we observed that mHypoA-55 cells express RFRP-3, a  
6 mammalian homolog of GnIH. In mice, cell bodies of GnIH neurons are located in the  
7 dorsomedial hypothalamic nucleus [40], and its neuronal fibers are in close proximity to  
8 GnRH and kisspeptin neurons that express the GnIH receptor [41]. Because  
9 mHypoA-55 cells express the RFRP-3 gene, it is plausible that mHypoA-55 cells are  
10 derived from GnIH-expressing neurons in the ARC region of hypothalamus. RFRP-3  
11 mRNA expression within mHypoA-55 cells was upregulated by melatonin stimulation  
12 and this observation was similar to that observed in GnIH neurons in birds [25],  
13 suggesting that RFRP-3-expressing mHypoA-55 cells have characteristics similar to  
14 those of GnIH neurons in birds. Interestingly, RFRP-3 has the ability to stimulate the  
15 expression of NT and CRH, both of which could repress Kiss-1 gene expression. These  
16 observations imply that NT and CRH as well as RFRP-3 might participate in the  
17 negative feedback control, supposedly by repressing Kiss-1 gene expression. GnIH  
18 neurons have been shown to express ER $\alpha$  and respond to E2 [40]. Because we observed  
19 that RFRP-3 expression in mHypoA-55 cells was upregulated by E2, we can speculate  
20 on the possible role of RFRP-3 in E2-induced negative feedback mechanisms. There are  
21 several published reports that indicate the possible involvement of GnIH in the  
22 mechanism of E2-induced positive feedback control based on the observation that E2  
23 suppresses GnIH gene expression [41-43]. RFRP-3 might be the gatekeeper of the  
24 E2-induced negative feedback control, but we speculate that RFRP-3-associated

1 E2-independent mechanisms might be involved in the suppression of the Kiss-1 gene  
2 through NT and CRH. It has been shown that environmental stress can increase the  
3 expression of GnIH and suppress reproduction in vertebrates [44]. Furthermore,  
4 glucocorticoids can directly control GnIH expression [45]. Because melatonin could  
5 regulate the expression of RFRP-3, the photoperiodic milieu or eye activity may be  
6 involved in the reduction of Kiss-1 gene expression by increasing NT or CRH. Our  
7 results showing that melatonin stimulation increased the expression of NT and CRH  
8 mRNAs support this hypothesis. However, we should keep in mind that the effect of  
9 RFRP-3 or melatonin differs depending on the type of experimental model. GnIH and  
10 RFRP-3 have been shown to inhibit GnRH neuron activity and gonadotropin release in  
11 several seasonal animals (sheep, hamster, and quail) and non-seasonal species such as  
12 rat and mouse. In contrast, no evidence of RFRP-3 directly modulating LH secretion  
13 was observed in ewes [46, 47]. Furthermore, recent studies using male Syrian and  
14 Siberian hamsters demonstrated the stimulatory effects of RFRP-3 on the reproductive  
15 axis [48, 49]. In the female Syrian hamster, RFRP-3 works alongside Kiss-1 neurons to  
16 maintain proper synchronization of reproductive activity with the time of day, the stage  
17 of the estrous cycle, and the seasonal changes in photoperiods [50]. RFRP-3 controls  
18 seasonal reproduction [51] and also controls feeding and reproductive behaviors [52].  
19 Using a Kiss-1-expressing cell model for the ARC region of the hypothalamus, we  
20 propose the possible involvement of E2-induced or RFRP-3-associated NT and CRH  
21 expression in the regulation of Kiss-1 gene expression in the ARC hypothalamic region  
22 that governs negative feedback mechanisms in the HPG axis. We used immortalized  
23 hypothalamic cell models, and it should be noted that clonal cell lines come with  
24 inherent limitations. These cells do not represent the intact brain, with necessary

1 connections and architecture. It is still unclear whether the phenomenon observed in this  
2 study occurs *in vivo*. NT, CRH, and RFRP-3 are expressed in the hypothalamus and  
3 their neuronal fibers indeed exist in the ARC region in each experimental model [39, 53,  
4 54]. However, coexpression of these peptides in ARC Kiss-1 neurons is uncertain.  
5 Nevertheless, we were able to dissect the molecular signaling events controlling  
6 Kiss-1/NT/CRH and RFRP-3 neurons using this cell model. Furthermore, these models  
7 may allow for the investigation of paracrine and autocrine regulation of these  
8 neuropeptides.

9         We summarized our current results in Figure 8. In this study, we used an ARC  
10 hypothalamic cell model in which Kiss-1 gene expression was repressed by E2 under  
11 certain conditions (4 h after E2 stimulation). CRH and NT expression was upregulated  
12 by E2 and we found that NT and CRH negatively regulated Kiss-1 gene expression in  
13 these cells. Because RFRP-3, which was regulated by melatonin or E2, could induce the  
14 expression of NT and CRH in these cells, RFRP-3 might be involved in the suppression  
15 of Kiss-1 gene expression in the ARC region of the hypothalamus. Although NT and  
16 CRH were similarly increased by E2, these two peptides increased the Kiss-1 gene  
17 expression in an AVPV hypothalamic cell model. Our findings might provide clues  
18 regarding the feedback mechanism of E2 in the hypothalamus.

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32

33

1 **Figure Legends**

2

3 **Figure 1**

4 Hypothalamic mHypoA-55 and mHypoA-50 cell characteristics and the effect of E2 on  
5 Kiss-1 mRNA expression.

6 (A) Cell lysates (10  $\mu$ g) from mHypoA-55 cells and mHypoA-50 cells were analyzed by  
7 SDS-PAGE followed by immunoblotting and incubation with antibodies against  
8 kisspeptin. The bands were visualized using HRP-conjugated secondary antibody. (B)  
9 RT-PCR analysis of Kiss-1, NKB (Tac2), and Dyn gene expression in mHypoA-55 and  
10 mHypoA-50 cells. Total RNA was prepared and RT-PCR was carried out for 40 cycles  
11 using NKB- (Tac2) and Dyn-specific primers. PCR products were resolved in a 1.5%  
12 agarose gel and visualized with ethidium bromide staining. mHypoA-55 cells (B) and  
13 mHypoA-50 cells (C) were stimulated with 100 nM E2 for 4 and 24 h, after which  
14 mRNA was extracted and reverse transcribed. Kiss-1 mRNA levels were measured by  
15 quantitative real-time PCR. Results are expressed as the fold induction over  
16 unstimulated cells and presented as mean  $\pm$  SEM values of three independent  
17 experiments, each performed with duplicate samples. **\*\* $P < 0.01$  vs. control.** Statistical  
18 significance was determined by one-way ANOVA with Bonferroni's post hoc test.

19

20 **Figure 2**

21 Effect of E2 on NT mRNA expression and the effect of NT on Kiss-1 mRNA expression  
22 in mHypoA-55 cells.

23 (A) NT mRNA and its protein product were expressed in mHypoA-55 cells. Total RNA  
24 from mHypoA-55 and mHypoA-50 cells was prepared and RT-PCR was carried out for

1 40 cycles using an NT-specific primer. PCR products were resolved in a 1.5% agarose  
2 gel and visualized with ethidium bromide staining. Cell lysates (10 µg) from  
3 mHypoA-55 cells and mHypoA-50 cells were analyzed by SDS-PAGE followed by  
4 immunoblotting and incubation with antibodies against NT. The bands were visualized  
5 using HRP-conjugated secondary antibody. (B) mHypoA-55 cells were stimulated with  
6 100 nM E2 for 4 and 24 h, after which mRNA was extracted and reverse transcribed.  
7 NT mRNA levels were measured by quantitative real-time PCR. (C) mHypoA-55 cells  
8 were stimulated with indicated concentrations of NT for 24 h, after which mRNA was  
9 extracted and reverse transcribed. Kiss-1 mRNA levels were measured by quantitative  
10 real-time PCR. Results are expressed as the fold induction over unstimulated cells and  
11 presented as mean ± SEM values of three independent experiments, each performed  
12 with duplicate samples. \*\* $P < 0.01$ , \* $P < 0.05$  vs. control. Statistical significance was  
13 determined by one-way ANOVA with Bonferroni's post hoc test.

14

15

### 16 **Figure 3**

17 Effect of E2 on CRH mRNA expression and the effect of CRH on Kiss-1 mRNA  
18 expression in mHypoA-55 cells.

19 (A) Total RNA from mHypoA-55 and mHypoA-50 cells was prepared and RT-PCR  
20 was carried out for 40 cycles using a CRH-specific primer. PCR products were resolved  
21 in a 1.5% agarose gel and visualized with ethidium bromide staining. Cell lysates (10  
22 µg) from mHypoA-55 cells and mHypoA-50 cells were analyzed by SDS-PAGE  
23 followed by immunoblotting and incubation with antibodies against CRH. The bands  
24 were visualized using HRP-conjugated secondary antibody. (B) mHypoA-55 cells were

1 stimulated with 100 nM E2 for 4 and 24 h, after which mRNA was extracted and  
2 reverse transcribed. CRH mRNA levels were measured by quantitative real-time PCR.  
3 (C) mHypoA-55 cells were stimulated with indicated concentrations of CRH for 24 h,  
4 after which mRNA was extracted and reverse transcribed. Kiss-1 mRNA levels were  
5 measured by quantitative real-time PCR. Results are expressed as the fold induction  
6 over unstimulated cells and presented as mean  $\pm$  SEM values of three independent  
7 experiments, each performed with duplicate samples.  $**P < 0.01$ ,  $*P < 0.05$  vs. control.  
8 Statistical significance was determined by one-way ANOVA with Bonferroni's post hoc  
9 test.

10

#### 11 **Figure 4**

12 RFRP-3 expression and the effect of melatonin or E2 on its gene expression in  
13 mHypoA-55 cells.

14 (A) Total RNA from mHypoA-55 cells was prepared and RT-PCR was carried out for  
15 40 cycles using an RFRP-3-specific primer. PCR products were resolved in a 1.5%  
16 agarose gel and visualized with ethidium bromide staining. (B) mHypoA-50 cells were  
17 stimulated with indicated concentrations of melatonin for 24 h, after which mRNA was  
18 extracted and reverse transcribed. RFRP-3 mRNA levels were measured by quantitative  
19 real-time PCR. (C) mHypoA-55 cells were stimulated with 100 nM E2 for 24 h, after  
20 which mRNA was extracted and reverse transcribed. RFRP-3 mRNA levels were  
21 measured by quantitative real-time PCR. Results are expressed as the fold induction  
22 over unstimulated cells and presented as mean  $\pm$  SEM values of three independent  
23 experiments, each performed with duplicate samples.  $*P < 0.05$  vs. control. Statistical  
24 significance was determined by Student's *t* test or one-way ANOVA with Bonferroni's

1 post hoc test.

2

3

#### 4 **Figure 5**

5 Effect of RFRP-3 on the expression of NT and CRH mRNAs in mHypoA-55 cells.

6 mHypoA-50 cells were stimulated with indicated concentrations of RFRP-3 for 24 h,  
7 after which mRNA was extracted and reverse transcribed. NT (A) and CRH (B) mRNA  
8 levels were measured by quantitative real-time PCR. Results are expressed as the fold  
9 induction over unstimulated cells and presented as mean  $\pm$  SEM values of three  
10 independent experiments, each performed with duplicate samples.  $**P < 0.01$ ,  $*P <$   
11  $0.05$  vs. control. Statistical significance was determined by one-way ANOVA with  
12 Bonferroni's post hoc test.

13

#### 14 **Figure 6**

15 Effect of melatonin on the expression of NT and CRH mRNAs in mHypoA-55 cells.

16 mHypoA-50 cells were stimulated with 10 nM melatonin for 24 h, after which mRNA  
17 was extracted and reverse transcribed. NT (A) and CRH (B) mRNA levels were  
18 measured by quantitative real-time PCR. Results are expressed as the fold induction  
19 over unstimulated cells and presented as mean  $\pm$  SEM values of three independent  
20 experiments, each performed with duplicate samples.  $**P < 0.01$ ,  $*P < 0.05$  vs. control.  
21 Statistical significance was determined by Student's *t* test.

22

#### 23 **Figure 7**

24 Effect of E2 on NT and CRH mRNA expression and the effect of these peptides on

1 Kiss-1 mRNA expression in the AVPV model mHypoA-50 cells.  
2 The AVPV hypothalamic cell model mHypoA-50 was stimulated with 100 nM E2 for 4  
3 and 24 h, after which mRNA was extracted and reverse transcribed. NT (A) and CRH  
4 (C) mRNA levels were measured by quantitative real-time PCR. mHypoA-50 cells were  
5 stimulated with 10 nM NT (B) and 100 nM CRH (D) for 24 h, after which mRNA was  
6 extracted and reverse transcribed. Kiss-1 mRNA levels were measured by quantitative  
7 real-time PCR. Results are expressed as the fold induction over unstimulated cells and  
8 presented as mean  $\pm$  SEM values of three independent experiments, each performed  
9 with duplicate samples.  $**P < 0.01$ ,  $*P < 0.05$  vs. control. Statistical significance was  
10 determined by Student's *t* test or one-way ANOVA with Bonferroni's post hoc test.

11

12

### 13 **Figure 8**

14 Schematic summary of the possible involvement of NT and CRH in the negative  
15 feedback regulation by E2.

16 In mHypoA-55 AVPV Kiss-1-expressing cells, CRH and NT expression was increased  
17 by E2, and these peptides in turn negatively regulated Kiss-1 gene expression.

18 Melatonin and E2 increased the expression of RFRP-3 in these cells, and RFRP-3  
19 increased the expression of NT and CRH.