

1 **Glucose Uptake Inhibition Decreases Expressions of Receptor Activator of Nuclear**
2 **Factor-kappa B Ligand (RANKL) and Osteocalcin in Osteocytic MLO-Y4-A2**
3 **Cells**

4

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23

24 **Running Head**

25 Roles of glucose uptake in osteocytes for bone metabolism

26

27 **Abstract**

28 Bone and glucose metabolism are closely associated with each other. Both osteoblast
29 and osteoclast functions are important for the action of osteocalcin, which plays pivotal
30 roles as an endocrine hormone regulating glucose metabolism. However, it is unknown
31 whether osteocytes are involved in the interaction between bone and glucose
32 metabolism. We used MLO-Y4-A2, a murine long bone-derived osteocytic cell line, to
33 investigate effects of glucose uptake inhibition on expressions of osteocalcin and
34 bone-remodeling modulators in osteocytes. We found that glucose transporter 1
35 (GLUT1) is expressed in MLO-Y4-A2 cells and that treatment with phloretin, a GLUT
36 inhibitor, significantly inhibited glucose uptake. Real-time PCR and western blot
37 showed that phloretin significantly and dose-dependently decreased the expressions of
38 RANKL and osteocalcin, whereas osteoprotegerin or sclerostin was not affected.
39 Moreover, phloretin activated AMP-activated protein kinase (AMPK), an intracellular
40 energy sensor. Coincubation of ara-A, an AMPK inhibitor, with phloretin canceled the
41 phloretin-induced decrease in osteocalcin expression, but not RANKL. In contrast,
42 phloretin suppressed phosphorylation of ERK1/2, JNK, and p38 MAPK, and treatments
43 with a p38 inhibitor SB203580 and a MEK inhibitor PD98059, but not a JNK inhibitor
44 SP600125, significantly decreased expressions of RANKL and osteocalcin. These

45 results indicate that glucose uptake by GLUT1 is required for RANKL and osteocalcin
46 expressions in osteocytes, and that inhibition of glucose uptake decreases their
47 expressions through AMPK, ERK1/2 and p38 MAPK pathways. These findings suggest
48 that lowering glucose uptake into osteocytes may contribute to maintain blood glucose
49 levels by decreasing osteocalcin expression and RANKL-induced bone resorption.

50

51 **Keywords:**

52 phloretin, osteocyte, GLUT, RANKL, osteocalcin

53

54 **1. Introduction**

55 Bone is constantly renewed by osteoclasts, the bone resorbing cells, and
56 osteoblasts, the bone forming cells. Osteocytes are the most abundant cells in bone and
57 play pivotal roles in bone remodeling by regulating both osteoblast and osteoclast
58 functions. Receptor activator of nuclear factor-kappa B ligand (RANKL) is an
59 osteoclast differentiating factor which is produced by osteoblastic cells, binds to
60 receptor activator of nuclear factor-kappa B (RANK) on the surface of osteoclasts, and
61 enhances osteoclast differentiation and bone resorption (23). Previous studies showed
62 that osteocytes are the most important source of RANKL to regulate osteoclastogenesis
63 and bone resorption (16). Moreover, osteocytes produce osteoprotegerin (OPG), a decoy
64 receptor for RANKL, and sclerostin, which antagonizes Wnt/beta-catenin signals in
65 osteoblasts and suppresses osteoblast differentiation (1-3).

66 Recent studies have shown that bone regulates whole body glucose
67 homeostasis through undercarboxylated osteocalcin (ucOCN) (14, 4, 6). Osteocalcin
68 (OCN) is specifically expressed in osteoblast lineages and undergoes γ -carboxylation of
69 glutamyl residues at three positions 17, 21, and 24, which facilitates binding of OCN to
70 hydroxyapatite in bone matrix. Furthermore, osteoclasts are reported to be necessary for
71 the function of ucOCN in glucose metabolism, because acidification is essential for

72 decarboxylation of OCN accumulated in bone matrix (4). When osteoclast-mediated
73 decarboxylation and bone resorption release ucOCN into the circulation, ucOCN
74 promotes proliferation of pancreatic β cells and increases insulin secretion as well as
75 enhances insulin sensitivity, resulting in improvement of glucose intolerance (14, 4, 6).
76 These findings suggest that osteocytes may regulate the function of OCN by
77 orchestrating osteoblast and osteoclast functions. However, it is unknown whether
78 osteocytes are involved in glucose metabolism.

79 AMP-activated protein kinase (AMPK) plays crucial roles as an intracellular
80 energy sensor, and AMPK is closely associated with glucose metabolism (8, 13, 17).
81 Previous studies have shown that AMPK plays roles in both osteoblastogenesis and
82 osteoclastogenesis (7, 9, 10, 11). We previously demonstrated that activation of AMPK
83 stimulates OCN expression as well as osteoblastic differentiation and mineralization via
84 increasing bone morphogenetic protein-2 in MC3T3-E1 cells (9). Moreover, most
85 recently, we showed that AMPK is expressed in osteocytic MLO-Y4 cells, and that
86 AMPK has a protective effect against oxidative stress-induced apoptosis (18) and
87 regulates RANKL expression in the cells (24). A recent study has shown that glucose
88 uptake through glucose transporter 1 (GLUT1) is necessary for osteoblast function (22).
89 Inhibition of GLUT1 activates osteoblast AMPK and subsequently induces proteosomal

90 Runx2 degradation and decreases OCN and GLUT1 expressions (22). In addition,
91 osteoblast-specific GLUT1 knockout mice showed glucose intolerance by decreasing
92 insulin secretion and sensitivity (22).

93 The purpose of this study was thus to examine effects of inhibition of glucose
94 uptake by phloretin, a GLUT inhibitor, on expressions of OCN and the molecules
95 involved in bone remodeling such as RANKL, OPG and sclerostin in osteocytic
96 MLO-Y4-A2 cells. We also investigated the role of AMPK in the downstream pathways
97 of glucose uptake in osteocytes.

98

99 **2. Materials and Methods**

100 2.1. Reagents

101 Cell culture medium and supplements were purchased from GIBCO-BRL
102 (Rockville, MD). Phloretin, an AMPK inhibitor ara-A, a MAPK/ERK kinase (MEK)
103 inhibitor PD98059, a JNK inhibitor SP600125, a p38 inhibitor SB203580, and anti- β
104 actin antibody were purchased from Sigma–Aldrich (St. Louis, MO). Antibodies against
105 phospho-AMPK α (Thr172), total AMPK α , phospho-ERK1/2, total-ERK1/2,
106 phospho-SAPK/JNK, total-SAPK/JNK, phospho-p38 α , total-p38 α were purchased from
107 Cell Signaling (Beverly, MA). Anti-RANKL antibody was purchased from Santa Cruz

108 Biotech (Santa Cruz, CA), and anti-OCN antibody was purchased from Merck Millipore
109 (Bedford, MA).

110

111 2.2. Cell cultures

112 As previously described (19), we used MLO-Y4-A2, a murine long
113 bone-derived osteocytic cell line (12), which was kindly provided by Dr. Y. Kato (Asahi
114 Kasei Medical Corporation, Tokyo, Japan) and Dr. Lynda F. Bonewald (University of
115 Missouri). The cells were cultured on collagen-coated plates in α -minimum essential
116 medium (α -MEM) supplemented with 10% fetal bovine serum and 1%
117 penicillin-streptomycin in 5% CO₂ at 37 °C. The medium was changed twice a week,
118 and the cells were passaged when they were 80% confluence.

119

120 2.3. Reverse transcription PCR analysis to identify the expressions of glucose 121 transporter class I subfamily

122 To investigate the mRNA expressions of GLUT families (GLUT1, GLUT2,
123 GLUT3 and GLUT4) in MLO-Y4-A2 cells, we performed reverse transcription (RT)
124 PCR. Total RNA was extracted from the cultured MLO-Y4-A2 cells using Trizol
125 reagent (Invitrogen, San Diego, CA) according to the manufacturer's recommended

126 protocol. We used 2 µg total RNA for the synthesis of single-stranded cDNA (cDNA
127 synthesis kit; Invitrogen). The primer sequences were: *Glut1* forward,
128 5'-CGTCGTTGGCATCCTTAT-3'; and *Glut1* reverse,
129 5'-TTCTTCAGCACACTCTTGG-3'; *Glut2* forward,
130 5'-TCAGAAGACAAGATCACCGGA-3'; and *Glut2* reverse,
131 5'-GTCGGTGTGACTGTAAGTGGG-3'; *Glut3* forward,
132 5'-ATGGGGACAACGAAGGTGAC-3'; and *Glut3* reverse,
133 5'-CAGGTGCATTGATGACTCCAG-3'; *Glut4* forward,
134 5'-GAGCCTGAATGCTAATGGAG-3'; and *Glut4* reverse,
135 5'-GAGAGAGAGCGTCCAATGTC-3'. The PCR conditions were as follows:
136 denaturation at 94.0°C for 45 s; annealing at 60.0°C for 30 s; and elongation at 72°C for
137 45 sec for 30 cycles. The PCR products were separated by electrophoresis on a 1.8%
138 agarose gel and were visualized using ethidium bromide staining with ultraviolet (UV)
139 light using the Electronic UV trans-illuminator (Toyobo Co. Ltd., Tokyo, Japan).

140

141 2.4. 2-deoxyglucose uptake colorimetric assay

142 Glucose uptake was assayed with a Glucose Uptake Assay Kit (BioVision).
143 The cells were incubated in 96-well plates. After reaching confluent, each well was

144 washed three times with phosphate buffered saline (PBS). The cells were starved for
145 glucose by KRPH buffer (20 mM HEPES, 5 mM KH₂PO₄, 1 mM MgSO₄, 1 mM CaCl₂,
146 136 mM NaCl and 4.7 mM KCl, pH 7.4) containing 2% BSA for 20 min, and then
147 incubated in KRPH buffer (containing 2% BSA) with phloretin 0 to 100 μM for 20 min.
148 After the buffer was removed, 10 μL of 10 mM 2-deoxyglucose (2-DG) with phloretin
149 0 to 100 μM was added. To examine the reversible effects of phloretin, 2-DG without
150 phloretin was added after 20-min incubation with KRPH buffer with 100μM phloretin.
151 After the cells were further incubated for 20 min, 10μL of Reaction Mix A (assay buffer
152 8μL and enzyme mix 2μL) was added and incubated for 60 min. Extraction buffer 90
153 μL was added and incubated at 85.0°C for 40 min. The plate was cooled on ice for 5
154 min and 12 μL neutralization buffer was added. Thereafter, Reaction Mix B (glutathione
155 reductase 20μL, substrate DTNB 16μL and recycling mix 2μL) 38 μL was added, and
156 the absorbance at 405 nm was measured with a microplate reader. The amount of 2-DG
157 uptake is proportional to the absorbance. The results are expressed as relative to control.

158

159 2.5. Quantification of gene expressions using real-time PCR

160 We used SYBR green chemistry to determine the mRNA levels of *Rankl*, *Opg*,
161 *Sost*, a gene encoding sclerostin, *Ocn* and a housekeeping gene, *36b4*. *36b4* was used to

162 normalize the differences in the efficiencies of reverse transcription. The primer
163 sequences were: *Rankl* forward, 5'-CACCATCAGCTGAAGATAGT-3'; and *Rankl*
164 reverse, 5'-CCAAGATCTCTAACATGACG-3'; *Opg* forward,
165 5'-AGCTGCTGAAGCTGTGGAA-3' and *Opg* reverse,
166 5'-TGTTTCGAGTGGCCGAGAT-3'; *Sost* forward,
167 5'-GGAATGATGCCACAGAGGTCAT-3' and *Sost* reverse,
168 5'-CCCGGTTTCATGGTCTGGTT-3'; *Ocn* forward,
169 5'-TGCTTGTGACGAGCTATCAG-3' and *Ocn* reverse,
170 5'-GAGGACAGGGAGGATCAAGT-3'; *36b4* forward,
171 5'-AAGCGCGTCCTGGCATTGTCT-3' and *36b4* reverse, 5'-
172 CCGCAGGGGCAGCAGTGGT-3'. Real-time PCR was performed using 1 μ L of cDNA
173 in a 25 μ L reaction volume with ABI PRISM 7000 (Applied Biosystems, Waltham, MA).
174 The double-stranded DNA-specific dye SYBR Green I was incorporated into the PCR
175 buffer provided in the SYBR Green Real-time PCR Master Mix (Toyobo Co. Ltd.,
176 Tokyo, Japan) to enable quantitative detection of the PCR product. The PCR conditions
177 were 95°C for 15 min, 40 cycles of denaturation at 94°C for 15 s, and annealing and
178 extension at 60°C for 1 min.

179

180 2.6. Western blot analysis

181 For western blot analysis, the cells were plated in 6-well plates and cultured as
182 described above. After the cells were confluent, they were treated with each agent for up
183 to 72 h. The cells were rinsed with ice-cold PBS and scraped on ice into lysis buffer
184 (BIO-RAD, Hercules, CA) containing 65.8 mM Tris-HCl (pH 6.8), 26.3% (w/v)
185 glycerol, 2.1% SDS, and 0.01% bromophenol blue to which 2-mercaptoethanol was
186 added to achieve a final concentration of 5%. The cell lysates were sonicated for 20 s.
187 The cell lysates were electrophoresed using 10% SDS-PAGE and transferred to a
188 nitrocellulose membrane (BIO-RAD). The blots were blocked with TBS containing 1%
189 Tween 20 (BIO-RAD) and 3% BSA for 1 h at 4°C. Then, the blots were incubated
190 overnight at 4°C with gentle shaking with each primary antibody at a dilution of 1:1000.
191 These blots were extensively washed with TBS containing 1% Tween 20 and were
192 further incubated with a 1:5000 dilution of horseradish peroxidase-coupled IgG of
193 specified animal species (rabbit, goat, or mouse) matched to the primary antibodies in
194 TBS for 30 min at 4°C. The blots were then washed, and the signal was visualized using
195 an enhanced chemiluminescence technique. The bands were quantified with a software
196 ImageJ. The results were described as relative to control.

197

198 2.7. Statistics

199 Results are expressed as means \pm standard error (SE). Statistical evaluations for
200 differences between groups were performed using one-way ANOVA followed by
201 Fisher's protected least significant difference. For all statistical tests, a value of $p < 0.05$
202 was considered a statistically significant difference.

203

204 3. Results

205 3.1. Expressions of GLUT and effects of phloretin on glucose uptake in MLO-Y4-A2 206 cells

207 At first, we examined expressions of glucose transporters in MLO-Y4-A2 cells,
208 mouse osteoblastic cell line MC3T3-E1, and mouse bone marrow-derived stromal cell
209 line ST2 by RT-PCR (Fig. 1A). As positive controls, we examined the expression of
210 *Gluts* in mice tissues such as muscle, liver, kidney and brain. *Glut1*, but not *Glut2*, 3 and
211 4, was expressed in MLO-Y4-A2, MC3T3-E1 and ST2 cells. In mice tissues, *Glut1* was
212 expressed in muscle, liver, kidney and brain. *Glut2* was expressed in liver and kidney.
213 *Glut3* was expressed in brain. *Glut4* was expressed in muscle and kidney.

214 Next, to confirm the function of GLUT1 in MLO-Y4-A2 cells, we investigated
215 the effect of phloretin on glucose uptake by using 2-deoxyglucose uptake colorimetric

216 assay. As shown in Fig. 1B, treatments of phloretin (10-100 μ M) significantly
217 suppressed 2-DG uptake in MLO-Y4-A2 cells in a dose-dependent manner. Because the
218 effects of 100 μ M phloretin was reversible (RC), phloretin did not affect the cells as
219 cellular toxic agent.

220

221 3.2. Effects of phloretin on expressions of RANKL, OPG, sclerostin and OCN in
222 MLO-Y4-A2 cells

223 We investigated effects of phloretin on mRNA expressions of *Rankl*, *Opg*, *Sost*
224 and *Ocn* by real-time PCR in MLO-Y4-A2 cells. As we found that phloretin affected the
225 expression of *Rankl* and *Ocn* expression from day 1 to 5 (supplemental figure), we
226 performed the dose-dependent effects of phloretin at day 3 and 5. Phloretin
227 dose-dependently decreased expressions of *Rankl* and *Ocn* mRNA at day 3 and 5 (Fig.
228 2A and 2D). Phloretin at 100 μ M significantly decreased *Opg* mRNA at day3, but no
229 effects of phloretin were found at day 5 (Fig. 2B). The ratio of *Rankl/Opg* was
230 dose-dependently decreased (Fig. 2C). The expression of *Sost* mRNA was not affected
231 by Phloretin (Fig. 2E). To confirm the effects of phloretin on *Rankl* and *Ocn* expressions,
232 we performed Western blot analysis. Phloretin significantly decreased protein
233 expressions of RANKL and OCN at day3 (Fig. 2F-I).

234

235 3.3. Roles of AMPK in phloretin-induced decreases in RANKL and OCN expressions in
236 MLO-Y4-A2 cells

237 To examine whether AMPK signal is involved in the effects of phloretin on
238 RANKL and OCN expressions, we investigated effect of phloretin on AMPK
239 phosphorylation. Western blot analysis showed that treatment with phloretin increased
240 phosphorylation of AMPK (Fig. 3A). Furthermore, phloretin significantly
241 phosphorylated AMPK in a dose-dependent manner at 12 h (Fig. 3B and 3D) and 72 h
242 (Fig. 3C and 3E). Real-time PCR showed that an AMPK inhibitor ara-A alone slightly
243 but significantly decreased the expression of *Rankl* mRNA, and co-incubation of ara-A
244 with phloretin additively decreased the *Rankl* mRNA expression (Fig. 3F). In contrast,
245 co-incubation of ara-A with phloretin canceled the phloretin-induced decrease in *Ocn*
246 expression, although ara-A alone had no effect on the expression of *Ocn* mRNA (Fig.
247 3G).

248

249 3.4. Effects of inhibition of MAPK pathways on RANKL and OCN expressions

250 Because AMPK signal was not involved in the phloretin-induced decrease in
251 *Rankl* expression, we examined whether or not MAPK pathways such as ERK1/2, JNK,

252 and p38 MAPK are associated with the effects of phloretin. Western blot analysis
253 showed that treatment with phloretin (100 μ M) clearly decreased phosphorylated
254 ERK1/2 and JNK during 24 h (Fig. 4A). Although phloretin transiently increased
255 phosphorylated p38 MAPK at 1h, phosphorylated p38 MAPK was continuously
256 decreased by phloretin treatment after 3 h (Fig. 4A). Then, we examine the
257 dose-dependent effects of phloretin on MAPK pathways. Phloretin suppressed the
258 phosphorylation of ERK1/2, JNK, and p38 MAPK in a dose-dependent manner at 12 h
259 (Fig. 4B) and 72 h (Fig. 4C). The densities of the bands showed significant decreases in
260 all of ERK1/2, JNK and p38 MAPK (Fig. D-F).

261 Next, we examined whether inhibition of MAPK pathways affects the
262 expressions of *Rankl* and *Ocn*. Real-time PCR showed that treatments with a MEK
263 inhibitor PD98059 at 20 μ M (Fig. 5A), a JNK inhibitor SP600125 at 10 μ M (Fig. 5F),
264 or a p38 inhibitor SB203580 at 5 and 10 μ M (Fig. 5K) significantly decreased the
265 expression of *Rankl* mRNA. Treatments with PD98059 at 10 and 20 μ M (Fig. 5B), or
266 SB203580 at 5 and 10 μ M (Fig. 5L) significantly decreased the expression of *Ocn*
267 mRNA although SP600125 did not affect it (Fig. 5G). Western blot analysis showed that
268 PD98059 and SB203580 significantly decreased the protein expressions of RANKL and

269 OCN (Fig. 5C-E and 5M-O). On the other hand, SP600125 had no effects on protein
270 expressions of RANKL and OCN (Fig. 5H-J).

271

272 **4. Discussion**

273 Previous studies have shown that bone metabolism is deeply associated with
274 glucose homeostasis. However, there were no studies examining the roles of GLUT and
275 glucose uptake of osteocytes in bone metabolism so far. Further, this is the first study to
276 show the effects of glucose uptake inhibition on OCN in osteocytic cells. The present
277 study showed that GLUT1, but not other GLUT subtypes, is expressed in MLO-Y4-A2
278 cells, and that inhibition of glucose uptake by phloretin decreased RANKL and OCN
279 expressions. Moreover, phloretin-induced decrease in OCN was mediated by AMPK
280 activation and suppression of MAPK signals, especially ERK1/2 and p38 MAPK. In
281 addition, phloretin-induced decrease in RANKL expression was mediated by
282 suppression of ERK1/2 and p38 MAPK. These results suggest that glucose uptake via
283 GLUT1 is required for the expressions of RANKL and OCN in osteocytes, and that
284 osteocytes may be involved in whole body glucose homeostasis through OCN
285 activation.

286 Recently, Wei et al. have shown that glucose is the main nutrient for osteoblast
287 function, and that glucose uptake via GLUT1 in osteoblasts is required for maintenance
288 of whole body glucose homeostasis (22). Furthermore, the present study demonstrated
289 that GLUT1 plays important roles in expressions of RANKL and OCN in osteocytes. As
290 osteocytes are derived from differentiated osteoblasts, it is not surprising that glucose
291 uptake is important also for the function of osteocytes. AMPK is known to be an
292 intracellular energy sensor, and AMPK is activated when intracellular AMP/ATP ratio
293 increases (8, 13, 17). Wei et al. showed that inhibition of glucose uptake induced the
294 AMPK-dependent proteosomal degradation of Runx2, a master regulator of
295 osteoblastogenesis, and decreased OCN expression in osteoblasts (22). In this study,
296 AMPK activation by phloretin was involved in the suppression of OCN expression in
297 osteocytic cells. These findings indicate that AMPK plays pivotal roles as a response
298 molecule to decreased glucose uptake in not only osteoblasts but also osteocytes, and
299 that AMPK regulates OCN expression to maintain glucose supply to osteoblastic
300 lineages and glucose homeostasis.

301 As previous studies showed that osteocytes expressed much higher levels of
302 RANKL and had a great capacity to support osteoclastogenesis (16), osteocytes are
303 considered as the main cells involved in the initiation of bone resorption and remodeling.

304 Although calorie restriction is known to have cardioprotective effects, it induces bone
305 loss, mainly through suppression of bone formation and turnover (20). Because various
306 hormonal signals are altered under calorie restriction condition, the underlying
307 mechanism of effects of calorie restriction on bone metabolism is still unclear. The
308 present study demonstrated that inhibition of glucose uptake decreased the expression of
309 RANKL, but not sclerostin, in MLO-Y4-A2 cells, suggesting that inhibition of glucose
310 supply to osteocytes leads to suppression of bone remodeling. Therefore, decreased
311 glucose uptake into osteocytes may contribute to the calorie restriction-induced low
312 bone resorption by reducing RANKL expression. On the other hand, osteoclasts are
313 reported to be necessary for the function of osteocalcin in glucose metabolism.
314 Treatment with alendronate, a bisphosphonate, showed that the phenotype of glucose
315 abnormality was completely normalized in *Esp*^{-/-} mice, which is a model of gain of
316 OCN bioactivity (4). On the contrary, RANKL treatment induced bone resorption and
317 increased serum level of ucOCN, resulting in less glucose intolerance and less fat mass
318 in WT mice fed a high-fat diet than controls. Taken altogether, these findings indicate
319 that bone resorption is essential to activate osteocalcin and regulate glucose homeostasis
320 by bone. In the present study, inhibition of glucose uptake decreased RANKL
321 expression in MLO-Y4-A2 cells, suggesting that decreased RANKL expression

322 followed by suppression of bone resorption may lead to reduction in ucOCN production.
323 Therefore, the present study supports the hypothesis that osteocytes may be involved in
324 glucose homeostasis and RANKL may be the more important bone protein involved in
325 it. Further, osteocytes may contribute to keep normal plasma glucose levels by reducing
326 ucOCN secretion when glucose supply is reduced in osteocytes. However, there are not
327 sufficient *in vivo* and human data; thus, further studies are necessary to clarify the
328 hypothesis.

329 Numerous studies have shown that MAPK signals play important roles in
330 RANKL and OCN expressions in osteoblastic cells. For example, Mine et al. showed
331 that interleukin-33 increased RANKL expression via activation of ERK1/2 and p38
332 MAPK, but not JNK, in osteoblastic MC3T3-E1 cells (15). Osteoblast-specific p38
333 knockout mice showed a reduction in trabecular and cortical bone mass due to
334 decreased bone formation (21). In that study, the expressions of type 1 collagen, alkaline
335 phosphatase, and OCN were significantly reduced. In addition, we previously
336 demonstrated that AMPK activation increased phosphorylation of ERK1/2 in
337 MC3T3-E1 cells, and that inhibition of ERK1/2 completely reversed AMPK
338 activation-induced increases in expressions of osteoinductive molecules such as BMP-2
339 and eNOS, resulting in suppression of osteoblastic differentiation and OCN expression

340 (9). However, little is known about whether these signals are involved in the function of
341 osteocytes so far. Fontani, et al. recently showed that MAPK signals were involved in
342 RANKL in osteocytes (5). When MLO-Y4 cells were incubated in serum-free medium,
343 RANKL expression was significantly increased. Moreover, incubation with serum-free
344 medium phosphorylated ERK1/2 and JNK signals in MLO-Y4 cells, and the inhibitors
345 of ERK1/2 and JNK significantly reversed the increase in RANKL expression. These
346 findings suggest that ERK1/2 and JNK pathways may be positive regulators of RANKL
347 expression in osteocytes. However, to our knowledge, there were no studies on the roles
348 of p38 MAPK in expression of RANKL in osteocytes. In the present study, inhibition of
349 glucose uptake suppressed ERK1/2, JNK, and p38 MAPK pathways. In addition, a p38
350 MAPK inhibitor and an ERK inhibitor decreased RANKL and OCN expressions in
351 MLO-Y4-A2 cells. Therefore, the present study for the first time showed that inhibition
352 of glucose uptake by phloretin as well as MAPK inhibition decreases RANKL and OCN
353 expressions in MLO-Y4-A2 cells. However, in this study, phloretin temporally activated
354 p38 MAPK at 1 h and continuously suppressed it after 3 h, although ERK1/2 and JNK
355 were consistently suppressed. Because the roles of transient activation of p38 MAPK is
356 unclear, further studies are needed to clarify it.

357 As illustrated in Fig. 6, our study showed that inhibition of glucose uptake via
358 GLUT1 by phloretin decreased OCN and RANKL expressions in osteocytic
359 MLO-Y4-A2 cells. Moreover, we demonstrated that AMPK, ERK1/2 and p38 MAPK
360 signals were involved in the phloretin-induced suppression of OCN expression, and that
361 ERK1/2 and p38 MAPK signals might be associated with the phloretin-induced
362 suppression of OCN and RANKL expressions. These findings indicate that glucose
363 uptake is necessary for osteocytes to maintain bone remodeling by RANKL expression,
364 and that osteocytes may regulate the endocrine action of OCN by expressions of OCN
365 and RANKL to keep blood glucose levels.

366

367 **Disclosures**

368 There are no conflicts of interest.

369

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454 mevalonate pathway in osteocytic MLO-Y4 cells. *Biochemical and biophysical research
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456

457 **Figure legends**

458 **Figure 1. Expressions of GLUT and inhibition of glucose uptake by phloretin in**

459 **MLO-Y4-A2 cells**

460 (A) Expressions of GLUT families were investigated by RT-PCR. (B) Glucose uptake
461 was measured by 2-deoxyglucose uptake colorimetric assay. The results are expressed
462 as mean \pm SE (n=5). *p<0.05, **p<0.01, ***p<0.001. CR, control of reversible effect of
463 phloretin.

464

465 **Figure 2. The effects of phloretin on expressions of RANKL, OPG, sclerostin and**

466 **OCN in MLO-Y4-A2 cells**

467 (A-E) After reaching confluent, MLO-Y4-A2 cells were incubated with phloretin 0 to
468 100 μ M. The expression levels of *Rankl*, *Opg*, *Sost* and *Ocn* mRNA were examined at
469 day3 and day5 by real-time PCR. The results are expressed as mean \pm SE (n \geq 6).
470 *p<0.05, **p<0.01, ***p<0.001. (F-I) MLO-Y4-A2 cells were treated with phloretin 0
471 to 100 μ M for 3 days. Total protein was extracted, and protein expressions of RANKL

472 and OCN were examined by Western blot analysis. The results are representative of at
473 least four different experiments (F and G), and quantification of the bands were
474 performed (H and I). The results are expressed as mean \pm SE ($n \geq 4$). * $p < 0.05$,
475 *** $p < 0.001$. phl; phloretin.

476

477 **Figure 3. Effects of phloretin on RANKL and OC expressions through AMPK**
478 **activation in MLO-Y4-A2 cells**

479 (A) After reaching confluent, MLO-Y4-A2 cells were incubated with phloretin 100 μ M.
480 The proteins were collected at the indicated time. (B-E) After reaching confluent,
481 MLO-Y4-A2 cells were incubated with phloretin 0 to 100 μ M. The total proteins were
482 collected at 12 and 72 h. The phosphorylation of AMPK was examined by Western blot
483 analysis. The results of Western blot are representative of at least three different
484 experiments (B and C), and quantification of the bands were performed (D and E). The
485 results are expressed as mean \pm SE ($n \geq 3$). *** $p < 0.001$. phl; phloretin. (F and G) The
486 cells were treated with phloretin 100 μ M and/or an AMPK inhibitor ara-A 0.1 mM for
487 72 h. *Rankl* and *Ocn* mRNA expressions were examined by real-time PCR. The results
488 are expressed as mean \pm SE ($n=8$). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$. phl; phloretin.

489

490 **Figure 4. The effects of phloretin on phosphorylation of MAPKs in MLO-Y4-A2**

491 **cells**

492 (A) After reaching confluent, MLO-Y4-A2 cells were incubated with phloretin 100 μ M.

493 The proteins were collected at the indicated time. (B-F) After reaching confluent,

494 MLO-Y4-A2 cells were incubated with phloretin 0 to 100 μ M. The total proteins were

495 extracted at 12 and 72 h, and Western blot analyses were performed. The results are

496 representative of at least four different experiments, and quantification of the bands

497 were performed (D-F). The results are expressed as mean \pm SE ($n \geq 4$). * $p < 0.05$,

498 ** $p < 0.01$, *** $p < 0.001$. phl; phloretin.

499

500 **Figure 5. The effects of MAPK inhibitors on expressions of OCN and RANKL in**

501 **MLO-Y4-A2 cells**

502 After reaching confluent, MLO-Y4-A2 were treated with a MEK inhibitor PD98059 0

503 to 20 μ M, a JNK inhibitor SP600125 0 to 10 μ M, and a p38 inhibitor SB203580 0 to 10

504 μ M for 72 h. The mRNA expressions of *Rankl* (A, F and K) and *Ocn* (B, G and L) were

505 examined by real-time PCR. The results are expressed as mean \pm SE ($n \geq 6$). * $p < 0.05$,

506 *** $p < 0.001$. The protein expressions of OCN and RANKL were examined by Western

507 blot. The results are representative of at least three different experiments (C, H and M),
508 and quantification of the bands were performed (D, E, I, J, N, and O).

509

510 **Figure 6. Schematic illustration of the present study and discussion**

511 GLUT1 is expressed in osteocytic MLO-Y4-A2 cells. Inhibition of glucose uptake by
512 phloretin decreases the expression of RANKL via inhibition of ERK1/2 and p38 MAPK
513 pathways, and decreases the expression of OCN via both activation of AMPK and
514 inhibition of ERK1/2 and p38 MAPK pathways.

515

Figure 1

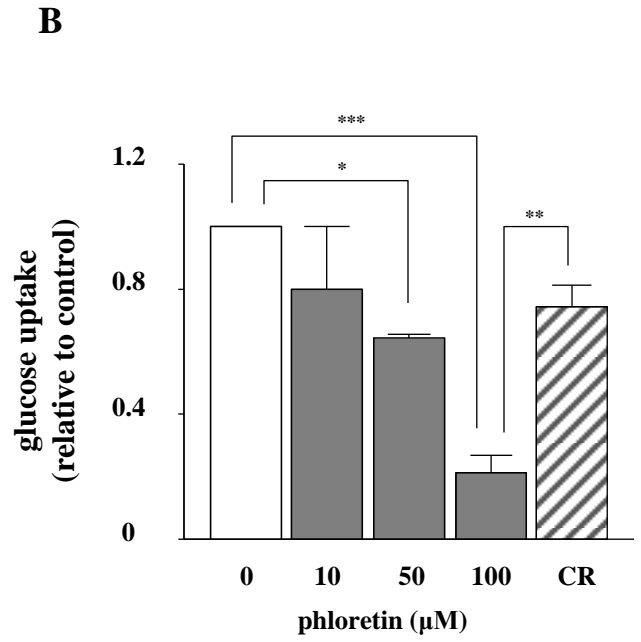
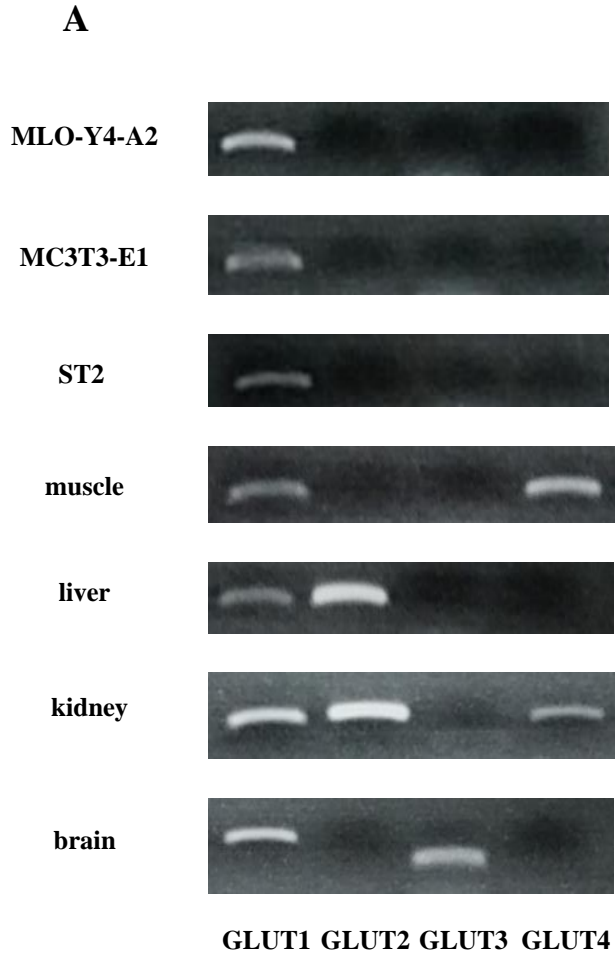


Figure 2

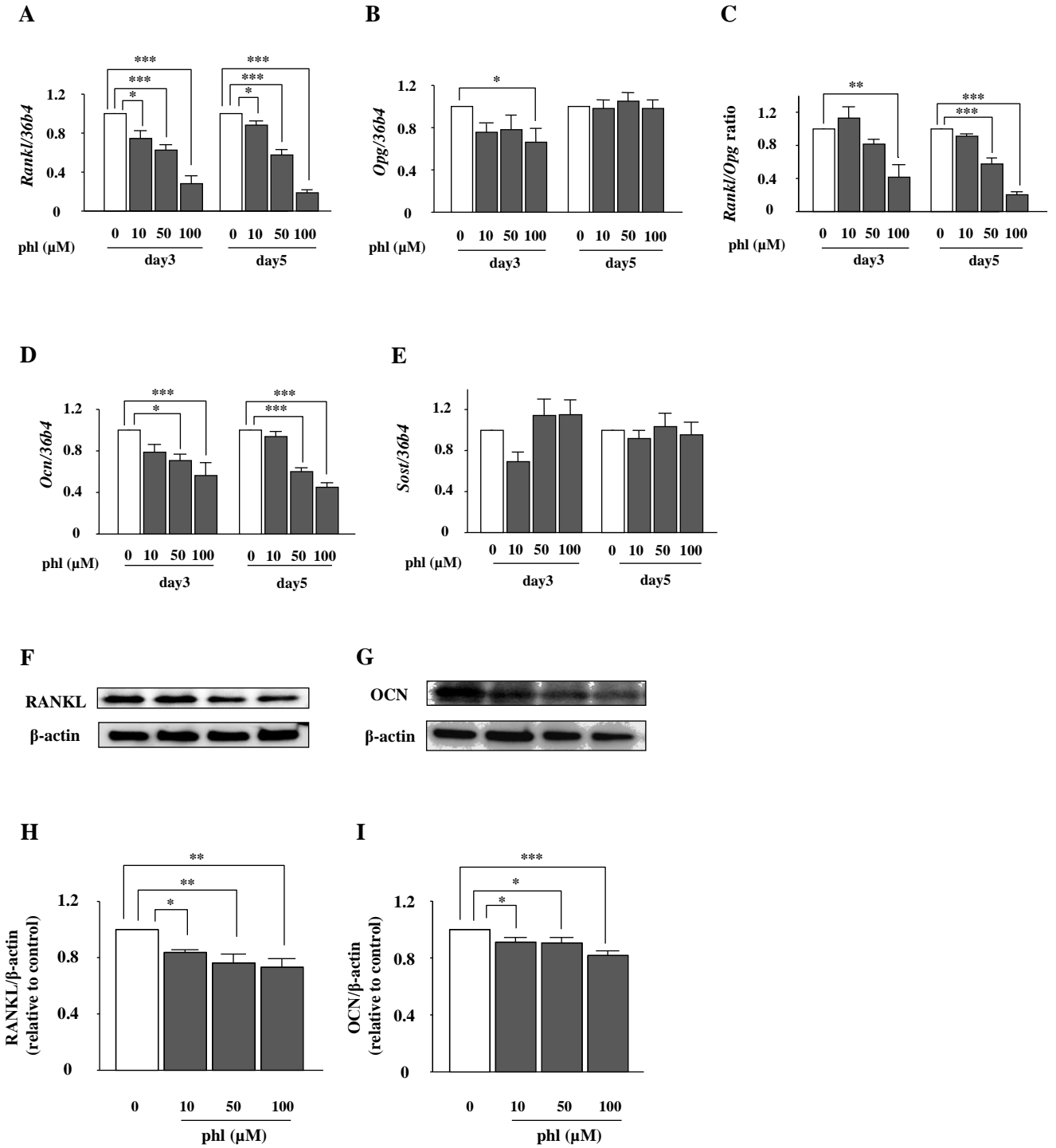


Figure 3

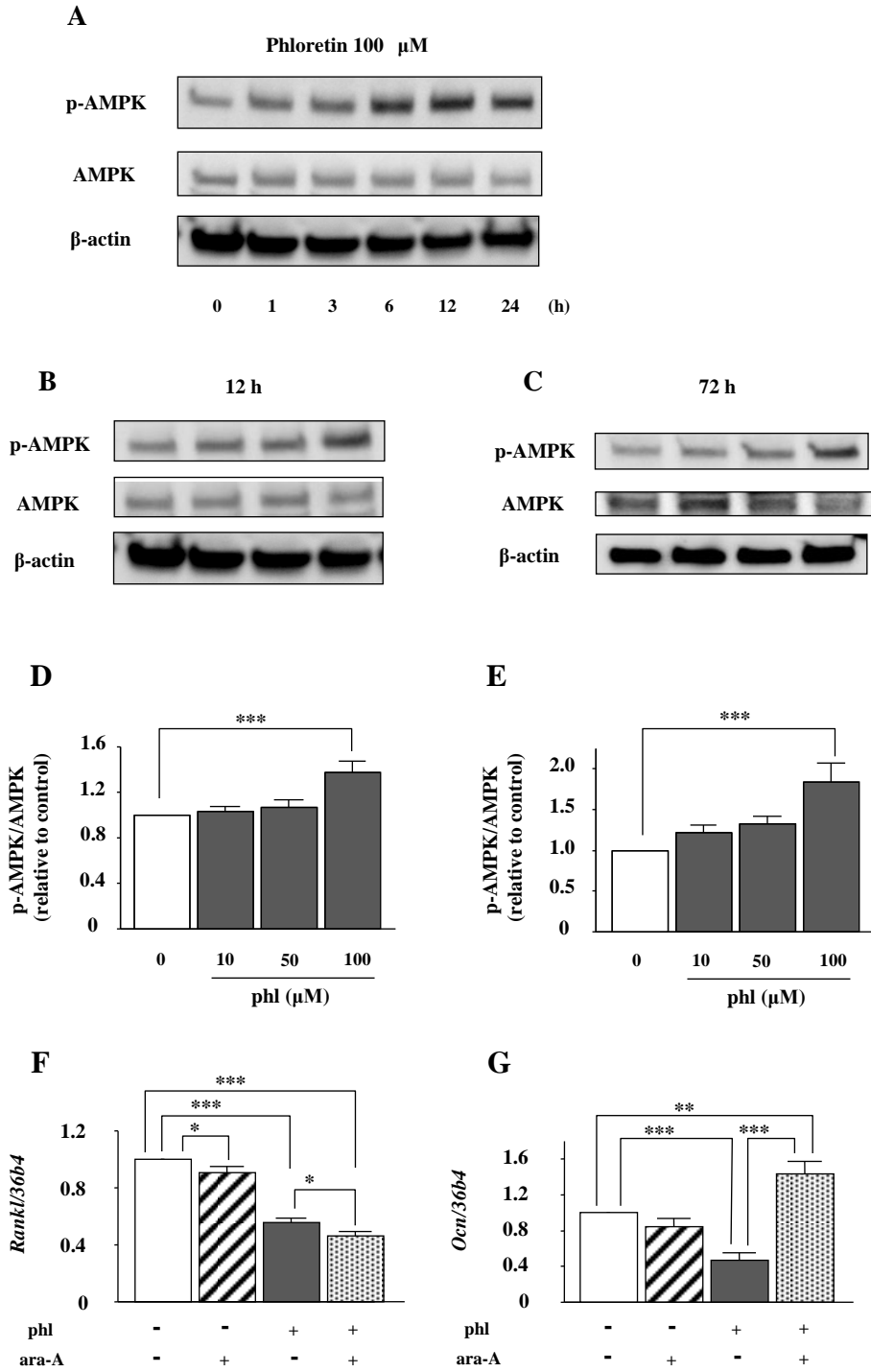


Figure 4

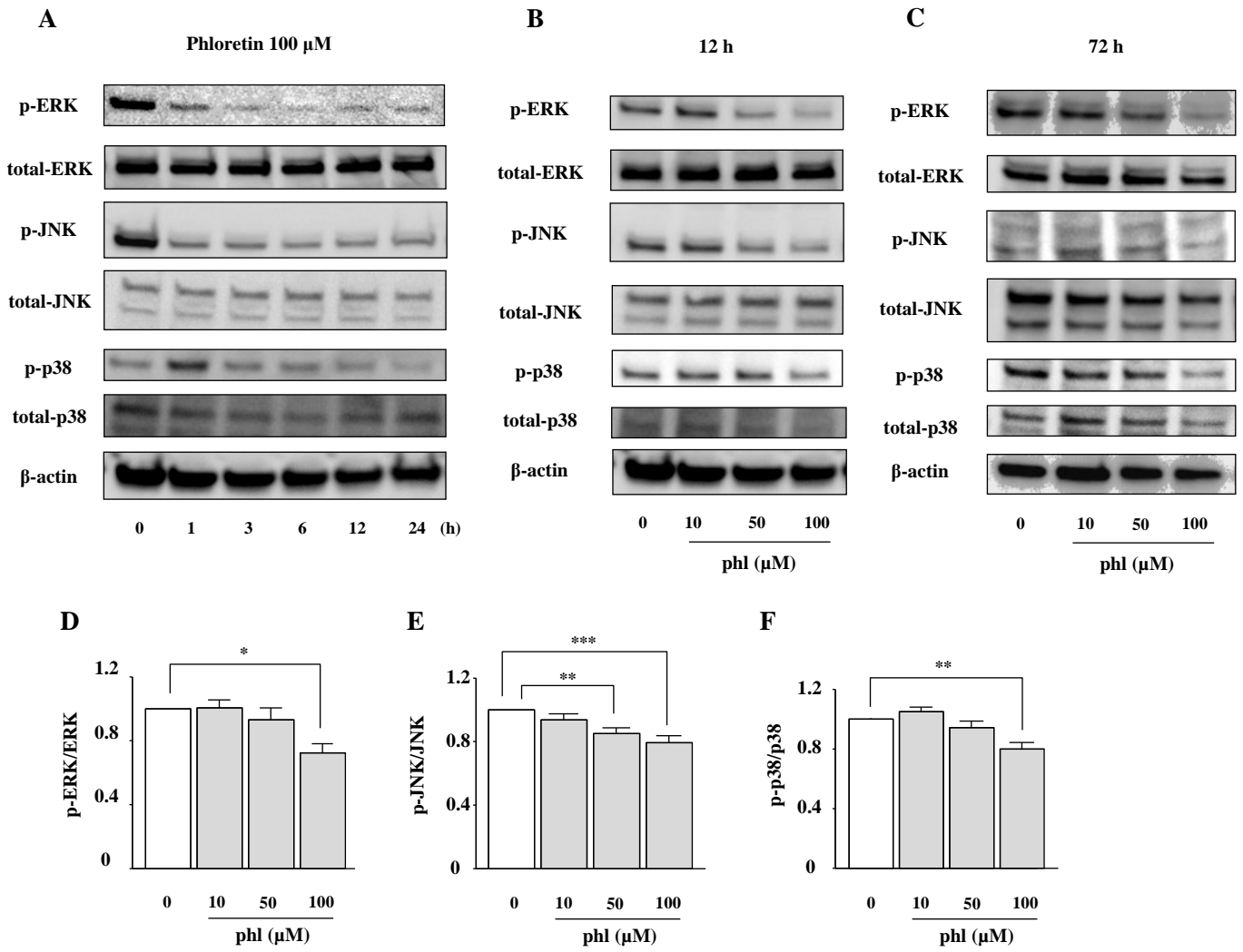


Figure 5

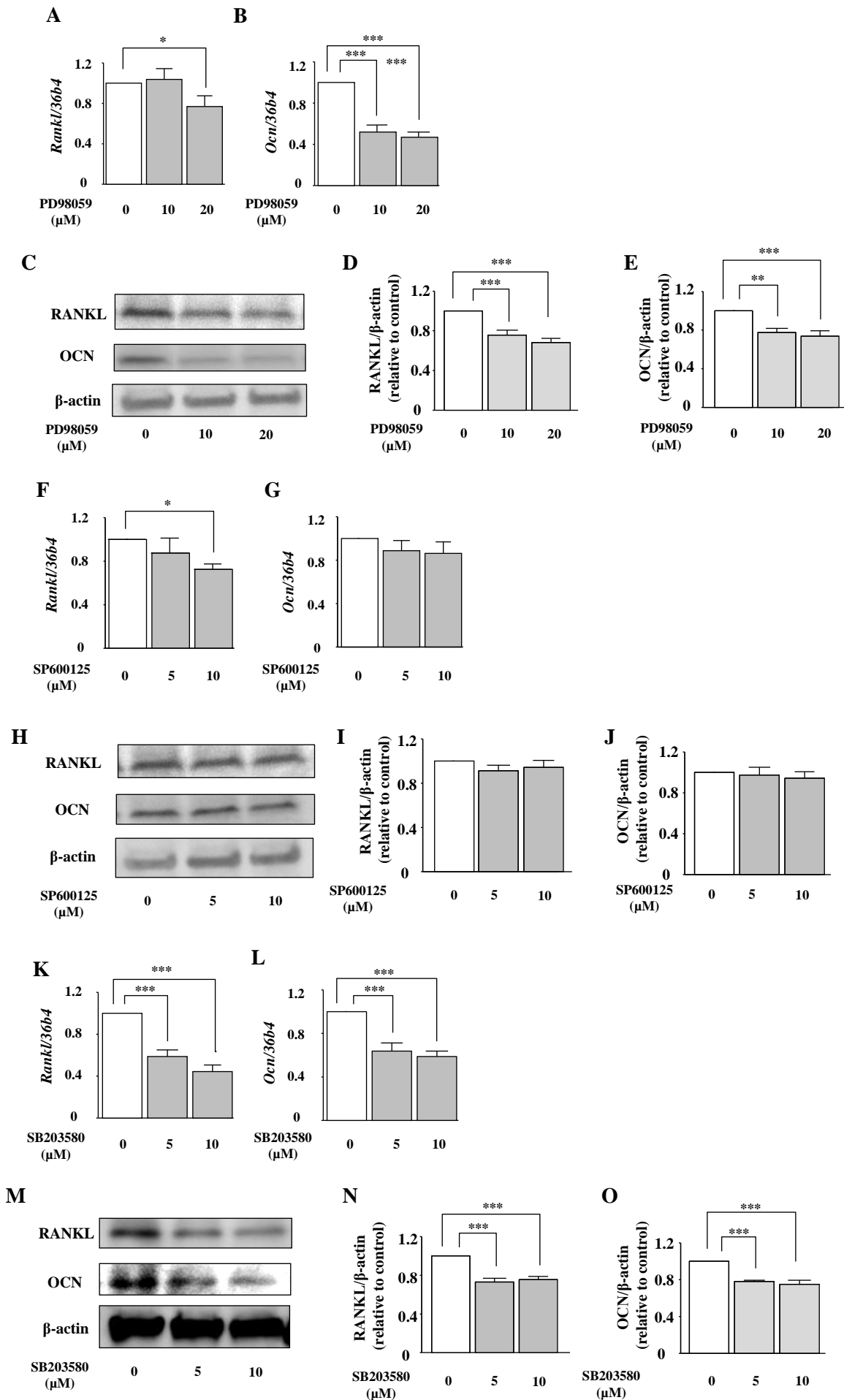


Figure 6

